



Laurentius

BABY- & KINDERHOTEL



SUPERIOR



Barbarabad

YOUR DREAMS IN OUR HANDS

kinderhotels®

DAS ORIGINAL SEIT 1988

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Gift voucher

Time, tranquillity and relaxation are the best gifts for the people we care about...

A gift voucher for pure wellness and unforgettable moments is the perfect present for any occasion: Pamper your loved ones with a treatment in our "Barbarabad" Spa.

Voucher for beauty treatments and massages!
We can help you arrange a beautifully presented, personalised gift voucher at any price point.

Beauty care products for home use

Our expertly trained staff will be happy to advise you. We would be pleased to arrange a personalised beauty care programme on your behalf with your favourite products.

On the lookout for a gift for your loved ones at home?

Let us help you choose the most suitable SPA products and wrap them up for you. Other original souvenirs can be purchased at our Laurentius shop at reception.

SPA packages

A PERFECT COMBINATION

For your convenience, many of our most popular treatments were attuned to one another and carefully tailored in order to give you the best possible experience. Our advice is to split the different treatments between two or more days.

A decorative tree graphic with a light brown trunk and green leaves. The branches extend across the page, framing three circular images of spa treatments. The top circle shows a woman's face being treated. The middle circle shows a man's back being massaged. The bottom circle shows hands being treated. The tree has several yellow and orange flowers on its branches.

“Mum” pamper package

- Facial – 80 min.
- Seabuckthorn soft-pack float – 45 min.
- Aroma-oil partial massage – 25 min.

Package price: € 198

“Dad” pamper package

- “Pick-me-up” (facial) – 25 min.
- Back massage with marmot oil – 25 min.
- Brewer’s-spent-grain bath in soft pack float plus warm oils – 45 min.

Package price: € 141

“Back” pamper package

- Moor mud wrap – 20 min.
- Back massage with marmot oil – 25 min.
- Foot reflexology – primarily the back zone – 25 min.

Package price: € 108

50 minutes – For a new me



FACIAL TREATMENTS

Jean d'Arcel - Care for what's most precious

Let our cosmetologist advise you on which treatment is most suitable for your skin type.

Balance

Nourishing moisture for dry skin providing intensive smoothing and cushioning

Sensitive

A soothing, protecting and redness reducing Hypo Calm Formula for sensitive and couperose skin.

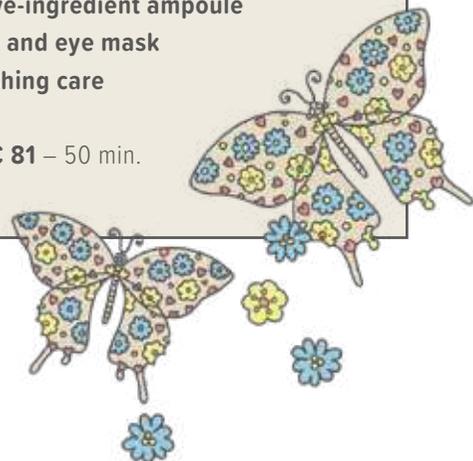
Sebo Balance

Regulating, refreshing and clarifying, this balancing formula is intended for mixed oily and impure skin

This 50 minute treatment includes:

- Skin-cleansing pre-treatment
- Skin diagnosis
- Exfoliation
- Deep cleansing
- Brow shaping
- Active-ingredient ampoule
- Face and eye mask
- Finishing care

Price: € 81 – 50 min.



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FACIALS

80 minutes – follow your bliss



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FACIALS

FACIALS

A pampering treat for my skin Feel the difference

Caring for our skin is a lifetime commitment. Jean d'Arcel Cosmetique high-quality skincare products help us to preserve, enhance and attain perfection in beauty and care. Our expertly trained staff will relax and renew your skin using Jean d'Arcel products especially formulated for your skin type and condition.

Sensitive

soothing, pure active ingredients for sensitive and couperose skin

Caviar

supplies the skin with minerals, trace elements and moisture

Multibalance

care with plant-based hormones from the iris flower

Prestige

Anti-Ageing care with Pro-Retinol and Anti "Progerie" – a formula to counteract premature skin ageing

Our 80 minutes facial includes:

- Skin cleansing pre-treatment
- Skin type diagnosis
- Exfoliation
- Deep cleansing
- Eyebrow shaping
- Active ingredient concentrate
- Relaxing facial massage
- Face and eye mask
- Final treatment adapted to your skin type

Price: € 102 – 80 min.

Second Skin Skin-optimising intensive care

Silky-soft fleece mask for various different skin needs.

Hyaluron

Moisture-binding and cushioning

Peptide

Regenerating and moisturising

Sensitive

Calming and relaxing

Caviar

Intensely smoothing; promotes collagen production

Price: € 83 – 50 min.

True purity 30 min short treatment

Effective treatment for cleaner, fresher skin.

- Skin-cleansing pre-treatment
- Skin diagnosis
- Exfoliation
- Deep cleansing
- Active-ingredient concentrate
- Finishing care

Price: € 51 – 30 min.

Your Personalised Make-Up The perfect make-up for you!

Please arrive with pre-cleansed skin.

Price: € 57 – 50 min.

Beautiful Eyes

- Eyebrow shaping
- Massage with active ampoule
- Eye mask

Price: € 51 – 40 min.

Arcelmed fruit-acid treatment A true fountain of youth for your skin

This special fruit-acid treatment peels off the superficial layers of the skin, removes cornifications and stimulates cell regeneration. It helps to smooth fine lines and wrinkles, eliminates impurities and toxins, and stabilises the skin's immune system. The result? A radiant, firmer complexion and smooth, refreshed skin!

Price: € 106 – 80 min.

Eyebrows & eyelashes**Eye-brow shaping and tinting** – 25 min. _____ € 20**Eyelash tinting** – 25 min. _____ € 20**Warm Wax Hair Removal****Upper and lower lip** – 15 min. _____ € 12**Bikini** – 20 min. _____ € 22**Armpit** – 15 min. _____ € 17**Half leg** – 25 min. _____ € 32**Full leg** – 40 min. _____ € 47**Back** – 25 min. _____ € 38**Chest** – 25 min. _____ € 38**Fruit-acid hand or foot wrap with peeling**

A hand or foot rejuvenation treatment that delivers anti-ageing active ingredients into the deepest skin layers.

Price: € 38 – 30 min.

Neatly styled from head to toe

THE FINISHING TOUCH**SPA manicure***Polish normal or
OPI gelcolor polish*

Hand bath, peeling, shortening and shaping of fingernails, basic cuticle treatment, massage with moisturising cream. This manicure includes a hand rejuvenation treatment using fruit acids to gently peel and refine the texture of your hands leaving them soft and smooth.

Price: € 73 – 70 min.**SPA pedicure***Polish normal or
OPI gelcolor polish*

Foot bath, peeling, massage and polish. The SPA pedicure includes a fruit-acid foot wrap to refine the texture of your feet.

Price: € 78 – 70 min.**Gelcolor by OPI**

OPI Gelcolor is the latest innovation from OPI. A choice of shine-intense shades that dry in 30 seconds under a safe LED light and lasts for weeks! This new kind of nail polish is incredibly shiny, scratch-proof and easy to remove.

Classic manicure

30 min. – without polish _____ € 41

45 min. – with OPI gelcolor polish _____ € 56

Cosmetic pedicure

30 min. – without polish _____ € 51

45 min. – with OPI gelcolor polish _____ € 66

Nail-polish treatment

25 min. _____ € 32

Gel nail-polish removal

20 min. _____ € 17

Body treatments

FEEL THE FLOW

Lymphatic drainage massage

During manual lymphatic drainage treatment, the lymphatic system is both stimulated and relaxed using rhythmic hand movements along the lymphatic conducting system. This treatment also strengthens the immune system and has a decongestive effect.

Price: € 67 – 50 min.



Lymphatic drainage of the face

Reduce puffiness and dark circles with a stress relieving session designed just for the face. A subtle hands-on process that helps promote the body's ability to regulate and release fluids. It also detoxifies and helps maintain a healthy immune system while being deeply relaxing.

Price: € 36 – 25 min.



Hopi Ear Candles

A hollow candle is burned with one end in the ear canal with the intent of creating negative pressure and drawing earwax from the ear. It is effective against colds and helps to relieve congested sinuses.

Price: € 65 – 30 min.

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BODY TREATMENT

No body is perfect

SAY GOODBYE TO BEAUTY PROBLEMS



China wrap *Designed to stimulate metabolism*

Kaolinite clay features essential minerals and trace elements in addition to select plant extracts that help absorb and eliminate harmful substances. This leads to an improved figure (especially in typically problematic areas) in addition to visibly smoother skin. It's even effective against stubborn cellulite.

Price: € 68 – 55 min.

Best results after three or more treatments!



Volcano wrap *Optimally removes impurities*

The Volcano wrap combines highly effective ingredients such as bio-available volcanic soil and oceanic mud to optimally remove metabolic waste products and support weight loss.

Price: € 68 – 55 min.

Best results after three or more treatments!



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BODY TREATMENT

Classic massages

FOR HEALTH AND VITALITY



Aroma-oil massage

A relaxing full-body massage combined with warm oils creates deep well-being.

Price: € 47 – 25 min.

Price: € 68 – 50 min.

Fango wrap

The Fango mud wrap stimulates both metabolism and circulation, and thus promotes the regeneration of muscles and joints.

Price: € 26 – 20 min.

Reflexology

The stimulation of reflex points activates the self-healing power of your body.

Price: € 44 – 25 min.

Price: € 66 – 50 min.

Full-body massage

Eases sore muscles and relieves tension in your legs, arms, back, neck and shoulders.

Price: € 65 – 50 min.

Partial body massage

Classic partial massage techniques that concentrate on relieving tension in the neck, back, shoulders or legs.

Price: € 44 – 25 min.

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MESSAGES

Special massages

PURE RELAXATION

Joint correction by Breuss and Dorn

The Dorn method is a treatment based on mobilisation, techniques that relieve tight muscles, and the correction of misalignments in the spinal column and other joints. The subject is placed in dynamic, 'moving' action while the bones are guided back into proper position by encouraging natural self-realignment. The following massage is a spinal massage that safely stretches, nourishes and relaxes the spine.

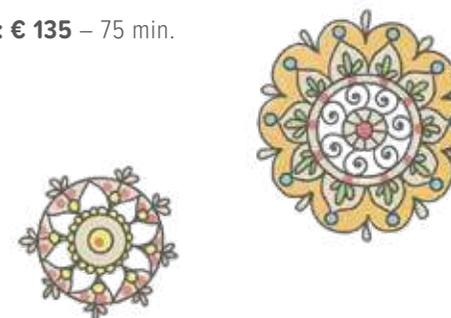
Price: € 108 – 75 min.

Lomi Lomi

An ancient healing therapy from Hawaii

The Lomi Lomi massage is a beloved Hawaiian tradition that works the muscles with continuous, flowing strokes that encourage the recipient to relax, let go and simply be. The therapist will use his or her forearms, thumbs, knuckles and palms to glide along your body. The combination helps to relax your mind and restore your energy flow.

Price: € 135 – 75 min.



Wellness massage Pure bliss for your body

After a relaxing reflexology treatment, revel in a sumptuous full-body massage with warm essential oils.

Price: € 93 – 75 min.

La Stone therapy

A journey into a world of well-being and hot stones

A fascinating ritual that combines the benefits of traditional massage with the balancing of subtle energies and the healing power of thermo therapy. The treatment starts with an intense massage to improve circulation and promote relaxation. This is followed by the application of basalt (hot) and marble (cold) stones, while the burning of white sage drives away negative energies. La Stone is a deep tissue healing treatment and a powerful way to balance both body and soul.

Price: € 119 – 75 min.

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MESSAGES

Wellness massages with natural oils from the Kaunergrat Nature Park

HEARTFELT DESIGN - MADE BY HAND



Vital massage with marmot oil

During this relaxing massage, blood circulation in the spine and the shoulder areas is first stimulated by a mud pack. Marmot oil's valuable active ingredients then penetrate deep into the muscles for a warming, loosening and relaxing effect, thus making the subsequent massage a true delight.

Price: € 68 – 50 min.

Pleasant and Warm Pure relaxation

Special full-body treatment with warm herbal pouches and valuable Chrystal oils from Tyrol's Oberland Region. Soft massage techniques gently warm up the skin and muscles, preparing them to absorb the active ingredients. Oil blends are then massaged into the body. Enjoy your Alpine spa experience!

Price: € 69 – 50 min.

“Thinking of you”

Chrystal products make ideal gifts, either for yourself or your loved ones. Experience the power of Tyrol's mountains – 100% natural & featuring stylish packaging. We will be happy to advise you!



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MESSAGES

Soft-Pack Spa Bath Experiences

FLOAT AWAY IN PURE PLEASURE FOR 45 MINUTES

The Soft Pack is the ultimate enveloping relaxation experience accompanied by our wonderful body treatments. It creates the sensation of weightlessness while surrounding you with a gentle heat. Enjoy the de-stressing effect of a lack of pressure points on the body thus increasing the therapeutic effect.

Choose your favourite Bath/Soft Pack Float

Price: € 61 – 45 min.

Seaweed detoxification

A relaxing body treatment utilising the healing powers of the sea. A blend of seaweeds rich in proteins, vitamins and minerals helps to replenish minerals and revitalise the skin.

Herbal bath

This treatment is reviving and stimulates the circulatory system. The sensation is pure indulgence for your skin and your psyche.

Herbal Blossom Bath

Relax your body and purify your skin. Leave feeling relaxed, nourished and alive!

Seabuckthorn power package

Protective and regenerative vitamin C package that protects the skin against cellulite and moisture loss.

Evening primrose bath

The evening primrose is known as a medicinal plant. This bath is excellent for your metabolism and your hormonal balance. The treatment is recommended for dry skin, neurodermatitis and psoriasis.

Noticeably smooth

Restorative, skin-quinching, warm essential oils return moisture to dry, dehydrated skin. Ideal for re-energising yourself after a seaweed and herbal blossom bath.

Price: € 19 – 15 min.

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BATH EXPERIENCES

Men's treatments

SPECIFICALLY DESIGNED FOR MEN

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MEN'S TREATMENTS



Deep skin rebalancing facial

This healing and moisturising facial is designed to treat oily and combined skin. Customised to your special skin needs, this highly exfoliating treatment will remove excess oils and keep the skin clean. The reconditioning and balancing treatment removes impurities and maintains your skin's healthy glow.

Price: € 76 – 50 min.

Signature treatment for men

This sophisticated facial helps your stressed skin regain energy and balance. Your skin is refreshed and firmed. Thanks to the powerful formula, skin appears instantly softer.

Price: € 101 – 80 min.

"Pick-me-up" facial

A fast and refreshing facial. This quick pick-me-up facial steams, cleanses, tones, exfoliates and moisturises men's skin.

Price: € 42,00 – 25 min.

Brewer's-spent-grain bath

It's your skin's turn to enjoy the goodness of beer and Brewer's spent grain. This bath is purifying and stimulating and features a warm oil finish!

Price: € 69 – 45 min.

Warm wax hair removal

Back or chest hair removal.

Price: € 39 – 30 min.

SPA Manicure

Includes a fruit-acid foot wrap.

Price: € 67 – 50 min.

SPA Pedicure

Includes a fruit-acid foot wrap.

Price: € 72 – 50 min.

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MEN'S TREATMENTS

A great variety of massages are described on pages 12-14. We will be happy to advise you!

For expectant mothers

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PREGNANCY – A VERY SPECIAL TIME

Mum-to-be massage *The 'two souls' massage*

The female body is in a state of constant change during pregnancy. During this intense phase of life, a special pregnancy massage helps restore physical balance and promotes inner peace and harmony.

Price: € 44 – 25 min.

Price: € 65 – 50 min.

Lymphatic drainage massage

During manual lymphatic drainage treatment, the lymphatic system is both stimulated and relaxed using rhythmic hand movements along the lymphatic conducting system. This treatment also strengthens the immune system and has a decongestive effect.

Price: € 68 – 50 min.

SPA Manicure or SPA Pedicure *Optional with OPI gelcolor polish* *or normal polish*

Consists of a nail soak, peeling, fruit-acid wrap, nail care, and nail polish.

Price manicure: € 73 – 70 min.

Price pedicure: € 78 – 70 min.

A broad range of facials customised to your special skin needs are described on pages 6-7.



MUM-TO-BE TREATMENTS

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MUM-TO-BE TREATMENTS



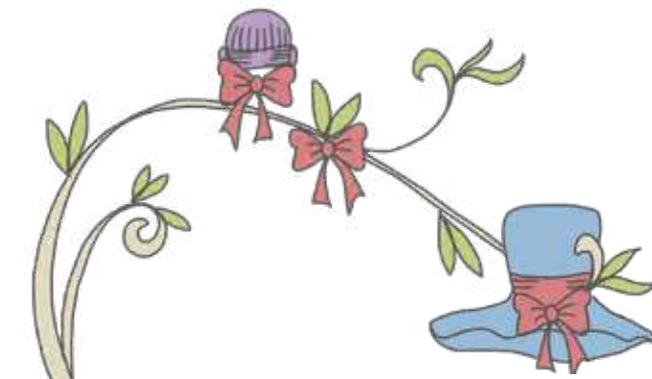
SPA fun for kids/teens

SPECIFICALLY DESIGNED FOR KIDS AND TEENS



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SPA FUN FOR KIDS/TEENS



1000 times beautiful

Special facial with gentle products that maintains the skin's natural balance. Moisturising treatment and delicate facial massage.

Price: € 37 – 30 min.



Glittering.STAR

Kids' manicure or pedicure with sparkling glitter nail polish.

Price: € 28 – 25 min.



„Sweet dreams” kids' massage

During a kids' massage, closeness, safety and the health of the child are paramount. A wonderfully fragrant honey oil is used.

Price: € 39 – 25 min.



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SPA FUN FOR KIDS/TEENS



Young Skin Special Treatment for Teens

Special facial with antibacterial products that maintain the skin's natural balance. Featuring a cleaning, peeling, a treatment to remove skin impurities, and a follow-up vitamin mask plus useful tips for young skin.

Price: € 69 – 50 min.

HOPÍ ear candles

Ear candles are tubes made of cotton and bee's wax used to create a light suction effect that gently massages the eardrum. Recommended for plugged sinuses and cold symptom relief.

Price: € 34 – 25 min.

**Booking an appointment**

We kindly ask you to book appointments for your favourite wellness treatment at the reception.

Appointment reservation

It is advisable to book prior to your arrival to ensure your preferred date and time are available. We will be happy to advise you by phone or at our reception desk.

Our cancellation policy

We kindly ask you to please cancel your treatments at least 24 hours in advance. For late cancellations, we charge 70% of the treatment costs.

Treatment attire

Hotel guests are invited to arrive at the spa wearing a robe and slippers. Our professionally trained therapists will ensure comfort standards by appropriately draping each area of the body that is not the immediate focus of the treatment. Disposable underwear is available if required.

**Health concerns**

Please inform us at the time of booking if you have a health condition/concern (allergies, injuries, diseases) or if you are pregnant, as this may result in your desired treatment not being suitable.

Jewellery and valuables

Please leave all valuables in your room's safety deposit box. Spa services will be charged to your room account.

Children

We offer several treatments designed specifically for the youngest members of your family. Parents must be present without exception.

Relax and unwind

We would advise you to check in 5 minutes before your appointed treatment so that you can enjoy a cup of tea or a glass of water at our Barbarabad Reception. Now its time to treat yourself to intense moments dedicated solely to your well-being. Experience deep tranquillity and revel in an environment that will take you on a wonderful journey...

LAURENTIUS BABY- & KINDERHOTEL
Familie Neururer · Leiteweg 26 · A-6533 Fiss in Tirol

Tel. +43 (0) 5476 / 6714 · info@laurentius.at

www.laurentius.at

